



MHE TRAINING

MECHANICAL HANDLING EQUIPMENT TRAINING

Tel: +44 (0) 116 251 9411 www.mhetraining.co.uk



Rough Terrain: Fixed Mast

EQUIPMENT:	Rough Terrain: Fixed Mast
ACCREDITING BODY:	ITSSAR
QUALIFICATION:	J2
LEVEL:	Experienced - Designed for the Operator who has had extensive practical experience, (longer than 12 months), but has had no formal training and does not hold a licence.
COURSE DURATION:	3 Days
LOCATION:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
MAX. NO. PER COURSE	3
COST:	£500 + VAT per trainee

COURSE AIM: The aim of the course is to provide training and knowledge in the safe and efficient operation of a rough terrain vehicle with a boom below/ up to 9m (depending on course).
This course meets the statutory requirements of the Health & Safety at Work Act 1974, and other relevant statutory provisions.

COURSE CONTENT:

Theory
The Need to Train & Statutory Requirements
Rated Capacities-Stability and instability
Operating Safety Code & Site Safety Rules
Film "The Correct, Approach" & "Site Safety"
Multi Choice Theory Test

Practical
Introduction to the Machine
Control Familiarisation
Daily Checks/Refuelling/Simple Maintenance
Steering and Drive Modes
Steering Procedures, (Un-laden and Laden)
Load Weight Assessment
Load Handling
Use of Stabilisers (where applicable)
Stacking and De-stacking Procedures
Vehicle Loading/ Unloading
Fitting and use of Attachments
Practical Skills Test (based on Forum 2000 recommendations)of such checks.



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COURSE STRUCTURE: Day 1
Period 1: Course Registration
Period 2: Health & Safety at Work Act 1974
Period 3 & 4: Theory
Period 5: Introduction to the equipment
Period 6, 7 & 8: Basic Handling - "Figure of 8"

Day 2

Period 1: Operator's Safety Code
Period 2: Pre-shift checks
Period 3 & 4: Basic Load Handling
Period 5: Basic Load Handling - Bucket Work
Period 6 & 7 : Refuelling & Storage
Period 8: Safety Video

Day 3

Period 1: Pre-shift Checks Revision
Period 2: Load Handling Revision
Period 3: Load Handling
Period 3: Handling Awkward Loads
Period 5 & 6: General Supervised Practice
Period 7: The Skill Test
Period 9: Summary & Close

COURSE REQUIREMENTS: 1. Notebook and pen
2. Appropriate safety wear.
All other materials are provided on the course

TESTING & CERTIFICATION At the end of this course the standard ITSSAR practical and theoretical test where possible will be conducted for the equipment. This is the current recognised and recommended standards practical operators test. Operators are issued with an encapsulated wallet and full sized certificate. Companies are issued with an A4 sized certificate, the trainees original practical and theoretical test marking sheet, course record and written trainee report where appropriate, as proof of training.