



MHE TRAINING

MECHANICAL HANDLING EQUIPMENT TRAINING

Tel: +44 (0) 116 251 9411 www.mhetraining.co.uk



Rough Terrain: Telescopic

EQUIPMENT:	Rough Terrain: Telescopic 3m - 15m
ACCREDITING BODY:	ITSSAR
QUALIFICATION:	J2 or J3 (depending on course)
LEVEL:	Refresher - Certified Operators Requiring a Refresher/Re-test in accordance with HSE recommendations
COURSE DURATION:	1 Day
LOCATION:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
MAX. NO. PER COURSE	3
COST:	£250 + VAT per trainee

COURSE AIM: The aim of the course is to provide training and knowledge in the safe and efficient operation of a rough terrain vehicle with a boom below/over 9m (depending on course).
This course meets the statutory requirements of the Health & Safety at Work Act 1974, and other relevant statutory provisions.

COURSE CONTENT:

Theory
The Need to Train & Statutory Requirements
Rated Capacities-Stability and instability
Operating Safety Code & Site Safety Rules
Film "The Correct, Approach"& "Site Safety"
Multi Choice Theory Test

Practical
Introduction to the Machine
Control Familiarisation
Daily Checks/Refuelling/Simple Maintenance
Steering and Drive Modes
Steering Procedures, (Un-laden and Laden)
Load Weight Assessment
Load Handling
Use of Stabilisers (where applicable)
Stacking and De-stacking Procedures
Vehicle Loading/ Unloading
Fitting and use of Attachments
Practical Skills Test (based on Forum 2000 recommendations)of such checks.



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COURSE

REQUIREMENTS:

1. Notebook and pen

2. Appropriate safety wear.

All other materials are provided on the course

TESTING &

CERTIFICATION

At the end of this course the standard ITSSAR practical and theoretical test where possible will be conducted for the equipment. This is the current recognised and recommended standards practical operators test. Operators are issued with an encapsulated wallet and full sized certificate. Companies are issued with an A4 sized certificate, the trainees original practical and theoretical test marking sheet, course record and written trainee report where appropriate, as proof of training.